

MENTAL HEALTH SERVICES

1) BERKSHIRE COUNTY AUTISM AWARENESS PROGRAM

www.autisminfo.net

Dedicated to increasing community awareness about autism, and promoting community understanding and acceptance of people with autism. Services offered include an informative website, referral to community programs and services in Berkshire County, and the sharing of experiences of families dealing with autism. Please make initial contact using the following email address: helpdesk@autisminfo.net.

2) BERKSHIRE MEDICAL CENTER - PSYCHIATRIC EMERGENCY SERVICES

www.berkshirehealthsystems.org

725 North Street

Emergency number –413-499-0412

Pittsfield, MA 01201 Office number – 413-447-2164

- **Adolescent/Adult** - Ages 15 and up on voluntary 20-bed unit
Ages 16 and up on 15-bed locked unit
- **Substance Abuse** - 30-bed detox and stabilization unit
- **Partial Hospital** - Services for adolescents and adults
- **Specialties** - Dual diagnosis program, DMH replacement unit, including forensics
Primary care outreach team providing timely psychiatric consultation to primary care doctors and their patients by a multidisciplinary team. Also operates:
 - **Outpatient Memory Disorders Clinic**, an interdisciplinary team of neurology, psychiatry, neuropsychology and social work to assess patients with emerging memory problems and provide support for families.
 - **Employee Assistance Program** for area employers.

3) CATHOLIC CHARITIES COUNSELING SERVICES

467 North Street, 2nd Floor 413-443-3169

Pittsfield, MA 01201

Hours: By appointment

Counseling is available for individuals who may have personal, social, emotional or marital difficulties.

4) COUNSELING CENTER IN THE BERKSHIRES

*34 Depot St. Suite 201 413-499-4090
Pittsfield, MA 01201*

*111 North Street 413-458-3279
Williamstown, MA 01267 413-499-4090*

Hours: Monday-Friday, 8 a.m.-5 p.m.

Special extended hours for Pittsfield office: Tuesday and Thursday 8 a.m.-8 p.m.
Individual, marital, family, and group therapy.

5) GOULD FARM

*P.O. Box 157 413-528-1804
Monterey, MA 01245
Office Hours: Monday-Friday, 9 a.m. - 5 p.m.*

Residential psycho-social rehabilitation community for the mentally ill, especially individuals 18 years and older with schizophrenia, bi-polar disorder, and other mental illnesses. Gould Farm Recovery Model is focused on psychiatric counseling, work program and building life skills.

6) GREYLOCK PAVILION

*North Adams Regional Hospital 413-664-5368
Hospital Avenue 413-663-3701
North Adams, MA 01247
Hours: 24 hours*

Locked unit for short term, acute care, psychiatric and geriatric psychiatric unit. Provides care for persons who experience a dual diagnosis of substance abuse and mental illness. 20 beds in unit. Eligibility is determined on an individual basis.

7) HILLCREST EDUCATIONAL CENTERS

*P.O Box 4699 413-499-7924
1450 West Housatonic Street
Pittsfield, MA 01201
Hours: Monday-Friday, 9:00 a.m.- 5 p.m.*

Private, residential schools on four campuses serving emotionally disturbed children ages 6-18. Education, clinical, and medical services provided, 24-hour supervision year-round, and an intensive treatment unit (one-to-one staff ratio). All students are referred and funded by state agencies and/or school districts.

8) KEY EMERGENCY SHELTER

www.key.org

*369 West Street 413-443-7218
Pittsfield, MA 01201
Hours: 24 hours*

*Office: 100 Wendell Avenue, Suite 302
Pittsfield, MA 01201
Hours: Monday – Friday, 8:30 a.m. - 5:00 p.m.*

Temporary (21-day) emergency shelter for adolescents (ages 12-18, sometimes younger). Services include crisis intervention, individual and family assessment and referral, short term individual and family counseling. Also provides individual and family therapy, and education for clients before their school placement.

9) MASSACHUSETTS DEPARTMENT OF MENTAL HEALTH

*Berkshire Case Management 413-395-2000
333 East Street, 4th Floor
Pittsfield, MA 01201
Hours: Monday-Friday, 9 a.m. - 5 p.m.*

Information and referral services for mental health programs in Berkshire County. This is the satellite office for the state office of mental health.

10) MENTAL HEALTH AND SUBSTANCE ABUSE SERVICES OF THE BERKSHIRES

www.mhsab.com

*333 East Street
Pittsfield, MA 01201
413-499-0412
24-HOUR CRISIS EMERGENCY SERVICE AT ABOVE NUMBER
Hours: Monday – Friday, 8:30 a.m. – 5:00 p.m.
(Evening hours available)*

Comprehensive, countywide outpatient mental health and substance abuse services, with over 500 employees in 28 locations, including specialized services for children, adults and seniors. Services include 24-hour crisis services, transitional, halfway, and supported housing programs. Also include individual, group, family and couples therapy, forensic services, driver alcohol education, batterer's treatment, and substance abuse educational support groups, early intervention services, adult day health programs, outreach services, and consultation to schools and community groups. After appropriate training, volunteers/interns may work directly with clients. Locations as follows:

- **Outpatient & Psychiatric Services:**

- Berkshire Mental Health Center, 333 East St., Pittsfield, MA 01201, 413-499-0412
- Family Center of the Berkshires, 741 North St., Pittsfield, MA 01201, 413-447-2145
- Main Street Human Resources, 60 Cottage St., Great Barrington, MA 01230, 413-528-9155

- Northern Berkshire Counseling Center, 25 Marshall St., North Adams, MA 01247, 413-664-4541

- **Substance Abuse Services:**

Outpatient Services:

- 131 Bradford St., Pittsfield, MA 01201, 413-499-1000
- 165 Tor Court, Pittsfield, MA 01201, 413-445-9160
- 25 Marshall St., North Adams, MA 01247, 413-664-4541
- 60 Cottage St., Great Barrington, MA 01230, 413-528-9155
- All other services, call 413-499-1000

- **Child/Adolescent Services:**

- C/A Central, 251 Fenn St., Pittsfield, MA 01201, 413-496-9671
- C/A North, 25 Marshall St., North Adams, MA 01247, 413-664-4541
- South Forty, 25 Marshall St., North Adams, MA 01247, 413-664-4541
- Options for Youth, 74 Second St., Pittsfield, MA 01201, 413-496-9671
- Early Intervention, 25 Marshall St., North Adams, MA 01247, 413-662-3315

- **Senior Services:**

Counseling Services:

- 25 Marshall St., North Adams, MA 01247, 413-664-4541
- 333 East St., Pittsfield, MA 01201, 413-499-0412
- 60 Cottage St., Great Barrington, MA 01230, 413-528-9155

Guardianship:

- 25 Marshall St., North Adams, MA 01247, 413-664-4541
- North Adams Adult Day Health, 420 Curran Highway, North Adams, MA 01247, 413-664-4048
- Pittsfield Adult Day Health, 33 Bradford St., Pittsfield, MA 01201, 413-442-4978

11) MERIDIAN ASSOCIATES

141 North Street 413-448-5353

Pittsfield, MA 01201

Hours: Monday-Friday, 8 a.m. - 5 p.m.

Provides 24-hour residential care for people with mental retardation and mental illness. Services include day program with psychosocial rehabilitation for people with mental illness, adult outreach program through Department of Mental Health, and cooperative employment service through Department of Mental Retardation and Massachusetts Rehabilitation.

12) NAMI-BC – NATIONAL ALLIANCE FOR THE MENTALLY ILL OF BERKSHIRE CO.

333 East Street, Room 417 413-443-1666 or 877-443-1666 (toll free)

Pittsfield, MA 01201 (Answering Machine)

E-mail: namibc@berkshire.net

Hours: Monday-Thursday, 10:00 a.m.- 3:00 p.m.

Late afternoons/evenings by appointment.

Family-led support and advocacy group for families and friends of persons with major brain disorders. Family advocates are available for support, advocacy, information and education on an individual and group basis. Holds monthly meetings.

13) PROJECT AIM

Community Enterprises 413-499-1248

74 North Street, Suite 519

Pittsfield, MA 01201

Hours: Monday-Friday, 9 a.m. - 5 p.m.

Integrated services for those who have experienced mental health difficulties (referrals from Department of Mental Health). Provides individual analysis and also works with families.