

FOOD/MEALS

1) BENNINGTON-RUTLAND OPPORTUNITIES COUNCIL (BROC)

*332 Orchard Road (802) 447-7515
Bennington, VT 05201
Hours: Monday-Friday 8:00 a.m. - 4:30 p.m.*

Food pantry, commodity distribution, legal services on fuel and utility bills, landlord/tenant issues, information and referral services for homelessness. Serves low income families and individuals. Operates thrift store at 704 Main Street, Bennington.

2) BERKSHIRE COMMUNITY ACTION COUNCIL

*1531 East Street
Pittsfield, MA 01201
Business Office : Monday-Friday, 9 a.m. – 4 p.m. 413-445-4505
Fuel Office: Monday-Friday, 9 a.m. – 4 p.m. 413-445-5671
Energy Conservation Office: Monday – Friday, 9 a.m. – 4 p.m. 413-443-4672
Food Pantry: Monday – Friday, 10 a.m. – 12:45 p.m. 413-443-4503
Fax: 413-447-7871*

*85 Main Street
North Adams, MA 01247
Business Office: Monday – Friday, 8 a.m. – 4 p.m. 413-663-3014
Fuel Office: Monday – Friday, 9 a.m. – 4 p.m. 413-663-3099
Food Pantry: Monday – Friday, 8 a.m. – 3:30 p.m. 413-663-3014
Fax: 413-663-3577*

3) BERKSHIRE FOOD PROJECT

*P.O. Box 651 413-664-7378
North Adams, MA 01247
Hours: Monday, Thursday, & Friday, 12 noon*

Hot meals served three times per week for anyone in need. Meals are free; donations accepted. Meals served at First Congregational Church, North Adams. (Enter by Summer Street entrance.)

4) BOYS & GIRLS CLUB OF PITTSFIELD

*16 Melville Street 413-448-8258
Pittsfield, MA 01201
Hours: Monday-Friday, 2 p.m. - 9 p.m.
Saturday, 9 a.m.- 4 p.m.*

Summer Camp Guidance Department, alcohol and substance abuse counseling, after school programs, day care, full range of recreational activities, ice skating and vocational classes. Also provides daily feeding program throughout the winter months for club members, ages 6-18. (Membership to club required.)

5) BREAKIN' BREAD KITCHEN

*St. Peter's Parish Center 413-528-2037
Corner of East and Cottage Streets
Great Barrington, MA 01230*

Offers a hot meal for anyone in need on Thursdays at 5:30 p.m.

6) THE CHRISTIAN CENTER

*193 Robbins Avenue 413-443-2828
Pittsfield, MA 01201 413-443-3933
Hours: Monday-Friday, 9:00 a.m.- 4:30 p.m.*

Emergency services such as food, clothing, information and referral. Free meals are served on Monday, Tuesday, Wednesday, Friday, and Saturday at noon for anyone in need. Offers assistance to income-eligible people in need of eye exams or eyeglasses, in conjunction with the Lions Club and local doctors.

7) COMMUNITY HEALTH PROGRAMS (formerly Children's Health Program)

Administrative Offices: 413-528-9311
P.O. Box 30, 54 Castle Street
Great Barrington, MA 01230
Hours: Monday-Friday, 8 a.m.- 4 p.m.

Programs include the following:

- **Community Health Center of the Berkshires**
- Fourth Floor, Fairview Hospital, Great Barrington, MA 01230, 413-528-8580

Provides health care services for all ages regardless of income and health insurance status. Open to all residents of Berkshire County. Care coordination for elders and Spanish translation services are available on site.

- **Family Support Network of South Berkshire**
- 940 South Main Street, Great Barrington, MA 01230, 413-528-0721

Provides a variety of services for families with children under five years of age at no charge.

- **FIRST STEPS (An Early Intervention Program)**
- 54 Castle Street, Great Barrington, MA 01230, 413-528-9311

Provides therapeutic resources for children from birth to three years who may have developmental delays and/or disabilities.

- **South Berkshire WIC Food and Nutrition Program**

- 54 Castle Street, Great Barrington, MA 01230, 413-528-0457
Food vouchers/nutritional information for income eligible families with children under five years. Pregnant women and post-partum mothers welcome.

8) COMMUNITY LUNCH

*Guthrie Center 413-528-1955
4 Van Deusenville Road
Housatonic, MA 01236*

Provides free lunch each Wednesday from noon – 2 p.m. to anyone who needs a nutritious meal.

9) DALTON COMMUNITY RECREATION ASSOCIATION, INC.

*400 Main Street 413-684-0260
Dalton, MA 01226
Hours: Monday-Friday, 6 a.m.- 9 p.m.
(Summer) 5 a.m.- 8 p.m.
Saturday 6 a.m.- 9 p.m., Sunday 8 a.m.- 9 p.m.
(Summer) Saturday 6 a.m.- 5 p.m., Sunday 8 a.m.- 3 p.m.*

Health/fitness nautilus offered, yoga, aerobics and other health programs. Offers youth league sport programs, some adult league sports, tennis, and a pool. Recreational activities for infants through seniors. Mini-camps during school breaks & summer day camps. Dalton Youth Center drop-in facility closed during summer months.

10) DALTON CONGREGATIONAL CHURCH

*514 Main Street 413-684-1715
Dalton, MA 01226*

Offers “Sunday Meal Program,” sponsored by area churches and organizations, each Sunday, 1:00-1:30 p.m., for anyone in need of a hot meal.

11) ELDER SERVICES OF BERKSHIRE COUNTY. INC.

www.esbci.org

*66 Wendell Avenue 413-499-0524
Pittsfield, MA 01201
Hours: Monday-Friday, 8 a.m.- 5 p.m.*

Services for elders 60 years and older. Case management, information and referral, homemaker/personal care, home health services, nutrition, “Meals on Wheels” program, housing, adult family care, ombudsmen (advocacy for elderly patients in long term care facilities) and money management program. Nursing home prescreening, protective services, employment opportunities for elders, volunteer opportunities (transportation, shopping and companionship) and transportation resources. Support group for family caregivers of the elderly.

12) FAMILY LIFE SUPPORT CENTER, INC.

*85 Main Street, Suite 228 413-664-8279
North Adams, MA 01247
Hours: Monday-Friday, 8 a.m.- 4 p.m.
(Can leave message evenings and weekends.)*

Housing search assistance and homelessness prevention through apartment listings, landlord/tenant mediation, housing code checklist and limited financial aid. Emergency homeless shelter (Louison House). Employment & budget counseling, assistance in obtaining benefits if eligible (food stamps, WIC, housing subsidies). Information & referral for child care, as well as information about free medical and dental services. Also runs emergency food pantry. Volunteers/interns welcome to help with intake and eventually solve client problems with staff guidance.

13) FIRST BAPTIST CHURCH

*88 South Street 413-445-4539
Pittsfield, MA 01201*

Offers a free, hot meal every Monday at 5:30 p.m. for anyone in need. Also operates a food pantry Monday – Friday, 9 a.m. – 1 p.m.

14) FIRST CONGREGATIONAL CHURCH

*25 Park Place 413-243-1033
Lee, MA 01238 413-243-8191*

Loaves & Fishes Community Suppers every Wednesday at 5:30 p.m. Meals are free. WIC office and support services open every Tuesday, 9 a.m.- 4 p.m. A children's play group is held every Friday 9:30 – 11:30 a.m. Operates a coffee house on the last Friday of the month at 8 p.m. with live music & refreshments for a suggested donation of \$7.00.

15) FOOD BANK OF WESTERN MASSACHUSETTS

*P.O. Box 160 Hatfield, MA 01038
413-247-9738 x106
Contact: Fern Spierer, Event and Volunteer Coordinator, ferns@foodbankwma.org*

The mission of the Food Bank is to distribute food to those in need in the four counties of western Massachusetts and to work with our community to end hunger. Variety of internship and volunteer opportunities available. A program can be customized based on student needs and time available.

16) FOOD STAMPS INFORMATION

www.gettingfoodstamps.org

- **Department of Transitional Assistance**
*75 South Church Street 413-236-2000
Pittsfield, MA 01201*

*37 Main Street 413-663-1100
North Adams, MA 01247*

May request a waiver of the face-to-face interview in cases of hardship.

17) HARVEST CHRISTIAN MINISTRIES

*275 River Street 413-664-4845
North Adams, MA 01247*

Serves breakfast to anyone in need from 8:00 – 10:00 a.m. Monday through Friday.

18) HINSDALE CONGREGATIONAL CHURCH

*129 Maple Street 413-655-2670
Hinsdale, MA 01235*

Offers a food pantry for those individuals in need who reside in Becket, Dalton, Hinsdale and Peru. Available from 10:00-11:00 a.m. on Thursdays.

19) JEWISH FEDERATION OF THE BERKSHIRES

*235 East Street 413-442-4360
Pittsfield, MA 01201
Hours: Monday-Thursday, 9 a.m. - 5 p.m.
Friday, 9 a.m. - 3 p.m.*

Provides community, educational, social and cultural programs. Also offers kosher lunch program and social services for elders, 60 years and older. Home delivered meals available in the greater Pittsfield area. New social work services program available to homebound, seniors, individuals and families seeking counseling services from a Jewish perspective. (**See also New American Citizenship Coalition.**)

20) MASSACHUSETTS DEPARTMENT OF TRANSITIONAL ASSISTANCE

*75 South Church Street 413-236-2000
P.O. Box 576
Pittsfield, MA 01202*

*37 Main Street 413-663-1100
P.O. Box 975
North Adams, MA 01247*

Hours: Monday-Friday, 7:30 a.m.- 5 p.m.

State-sponsored employment training program for those currently receiving transitional Aid to Families with Dependent Children (AFDC); provides formal education skills training, on-the-job training, direct job placement, food stamps and emergency assistance. Child care services are available for those who qualify. Caseworker assistance may involve shelter and housing placement. Also offers Emergency Aid to the Elderly, Disabled and Children (EAEDC) program, which provides cash assistance and limited medical coverage for elderly, disabled individuals without dependent children and unrelated adults caring for children under 18. The majority of recipients of EAEDC are single individuals with short-term disabilities. Those caring for a disabled household member may be eligible as well.

21) PEOPLE'S PANTRY

*St. Peter's Parish Center, Lower Level 413-528-2037
Corner of East and Cottage Streets
(Entrance on Russell Street)
Great Barrington, MA 01230*

Serving South County residents, the People's Pantry offers bags of groceries to anyone in need of food on Thursdays, 11:30 a.m. – 1:00 p.m. Please use the lower entrance off Russell Street and do not park in the Center's driveway.

22) ST. JOSEPH'S CATHOLIC CHURCH

*414 North Street 413-445-5789
Pittsfield, MA 01201*

Offers a food distribution program to anyone in need; available at 8 a.m. every Wednesday.

23) ST. JOSEPH'S KITCHEN AT SOUTH CHURCH

*c/o South Congregational Church
110 South Street
Pittsfield, MA 01201*

Provides a hot meal each Wednesday at 5:00 p.m. Also operates a food pantry Tuesday through Friday 10 a.m. – 1 p.m.

24) ST. MARK'S RECTORY

*27 Onota Street 413-447-7510
Pittsfield, MA 01201*

Offers bags of groceries to anyone in need of food on Fridays, 10 a.m.- noon.

25) ST. STEPHEN'S EPISCOPAL CHURCH

*67 East Street 413-448-8276
Pittsfield, MA 01201*

Offers a free hot meal at 5:15 p.m. on Thursdays and Fridays to anyone in need.

26) SALVATION ARMY GATEWAY NEW LIFE CENTER (NORTH ADAMS)

*393 River Street 413-663-7987
North Adams, MA 01247
Hours: Food Pantry: Monday - Thursday, 10 a.m. – 2 p.m.
Sunday Meal: 4 p.m. following Praise and Worship
Office hours: Monday – Friday, 9 a.m. – 4 p.m.*

Services include emergency transportation, emergency assistance for disaster victims, food pantry, fuel assistance (Good Neighbor Fund, December-April), free bread, free clothing, furniture (when available), senior citizen activities, social recreation, and educational programs for children. Saturday breakfast for children and a Tuesday and Wednesday feeding program are planned for early 2004.

27) SALVATION ARMY (PITTSFIELD)

www.salvationarmy-ma.org/locations/corps_pittsfield.shtml

*298 West Street 413-442-0624
Pittsfield, MA 01201
Hours: Monday-Friday, 9 a.m.- noon, and 1 p.m.- 4 p.m.
(Bread pickup open until 4 p.m.)*

Grocery items for anyone in need, referrals for emergency housing, budget counseling, counseling for families, marriage counseling, and counseling for victims of domestic violence. Also handles Pittsfield Area Council of Churches (PACC) emergency funds. Serves breakfast daily (9-10 a.m.) and Sunday evening dinner at 4:30 p.m.

28) SERVE N. E. (NEW ENGLAND)

Pittsfield – Shirley McDonald – Berkshire Community Action Council – 413-445-4503
Lenox – Eloise Richards – 413-637-2274
Dalton – Sue Jacobs – Dalton Council on Aging – 413-684-2000
North Adams – Donna Goodell – 413-663-5219

SERVE is a food buying cooperative for people who volunteer at least two hours per month anywhere in their communities. Each month SERVE participants can order top quality meats, fruits, vegetables and monthly specials at a savings of 30-40% off the retail price. Cash, checks and food stamps accepted. All are eligible regardless of income. People who already volunteer at least two hours per month in their communities do not need to work any additional hours to participate.

29) VERMONT DEPARTMENT OF PREVENTION, ASSISTANCE, TRANSITION AND HEALTH ACCESS

200 Veterans Memorial Drive, Suite 6 (802) 442-8541
Bennington, VT 05201-1949 Fax: (802) 447-6972
Hours: Monday-Friday, 7:45 a.m.- 4:30 p.m.

Federal and state programs for individuals and families under the poverty level: Medicaid, food stamps, emergency aid, aid for needy families with dependent children (RUFA), and general assistance.

30) VETERANS OUTREACH CENTER, INC.

152 North Street 413-499-0256
P.O. Box 1474
Pittsfield, MA 01202
Hours: Monday-Friday, 9 a.m.- 4 p.m.
(24 hour answering service)

Assistance to veterans and their families with personal or interpersonal stress. Counseling, crisis intervention, information & referral, technical assistance with VA claims, emergency food pantry, and van transportation for all Western Massachusetts. Transportation must be arranged two weeks in advance.

31) WILLIAMSTOWN ECUMENICAL ASSOCIATION

c/o St. Patrick's Church 413-458-4946
54 Southworth Street
Williamstown, MA 01267

Provides a limited number of vouchers for groceries, meals, one night's lodging or transportation. Call any church in Williamstown (listed in phonebook yellow pages) for services.

32) WILLIAMSTOWN FOOD PANTRY

c/o Sts. Patrick & Raphael Parish Center c/o 413-458-3149

53 Southworth Street

Williamstown, MA 01267

Hours: Wednesday, 1-3 p.m. Call above number for individual appointments or emergencies.

Help offered for those who receive no other benefits, such as those suffering from job loss or catastrophic illness. Clothing and furniture sometimes available to general public.

33) WOMEN, INFANTS & CHILDREN NUTRITION PROGRAM (WIC)

Hillcrest Campus, Berkshire Medical Center 413-445-9429

165 Tor Court

Pittsfield, MA 01201

Hours: Monday-Thursday, 8 a.m.- 4:30 p.m., Friday, 8 a.m.- 4 p.m.

85 Main Street 413-663-3012

North Adams, MA 01247

Hours: Tuesday-Thursday, 8 a.m.- 4:30 p.m., Friday, 8 a.m.- 4 p.m.

25 First Street 413-448-2611

Pittsfield, MA 01201

Hours: Monday-Thursday, 8 a.m.- 4:30 p.m., Friday, 8 a.m.- 4 p.m.

Food and nutrition counseling for pregnant and postpartum women and parents of children up to age five with low to moderate income. Food vouchers available. (**See also Children's Health Program and First Congregational Church for information on WIC in southern Berkshire County.**)